

PE Programme of Study - 2024 -25

Wk Beg	Term	Reception	Y1/Y2	Y3/Y4	Y5/Y6	
6 wks + 1	Autumn 1	OAA <i>Team Building</i>	OAA <i>Team Building</i>	OAA <i>Team Building</i>	OAA <i>Team Building</i>	
		9th Sept	Fundamentals	Multi Skills Movement	Invasion Games Hockey	Invasion Games Hockey
		16th Sept	Fundamentals	Multi Skills Movement	Invasion Games Hockey	Invasion Games Hockey
		23rd Sept	Fundamentals	Multi Skills Movement	Invasion Games Hockey	Invasion Games Hockey
		30th Sept	Fundamentals	Multi Skills Movement	Invasion Games Hockey	Invasion Games Hockey
		7th Oct	Fundamentals	Multi Skills Movement	Invasion Games Hockey	Invasion Games Hockey
		14th Oct	Fundamentals	Multi Skills Movement	Invasion Games Hockey	Invasion Games Hockey
21st Oct	Fundamentals	Multi Skills Movement	Invasion Games Hockey	Invasion Games Hockey		
October - Half Term						
6 wks + 1	Autumn 2	Balance Bikes	Games Play Dodge Ball	Racket Sports Tennis	Racket Sports Tennis	
		4th Nov	Balance Bikes	Games Play Dodge Ball	Racket Sports Tennis	Racket Sports Tennis
		11th Nov	Balance Bikes	Games Play Dodge Ball	Racket Sports Tennis	Racket Sports Tennis
		18th Nov	Balance Bikes	Games Play Dodge Ball	Racket Sports Tennis	Racket Sports Tennis
		25th Nov	OAA Intro to Orienteering	Games Play Dodge Ball	Racket Sports Tennis	Racket Sports Tennis
		2nd Dec	OAA Intro to Orienteering	Games Play Dodge Ball	Racket Sports Tennis	Racket Sports Tennis
		9th Dec	OAA Intro to Orienteering	Games Play Dodge Ball	Racket Sports Tennis	Racket Sports Tennis
16th Dec	Christmas Week Festive Relays	Christmas Week Festive Relays	Christmas Week Festive Relays	Christmas Week Festive Relays		
Christmas Holiday						
6 wks	Spring 1	Gym Fundamentals	Aesthetics Gym	Aesthetics Gym	Aesthetics Gym	
		6th Jan	Gym Fundamentals	Aesthetics Gym	Aesthetics Gym	Aesthetics Gym
		13th Jan	Gym Fundamentals	Aesthetics Gym	Aesthetics Gym	Aesthetics Gym
		20th Jan	Gym Fundamentals	Aesthetics Gym	Aesthetics Gym	Aesthetics Gym
		27th Jan	Gym Fundamentals	Aesthetics Gym	Aesthetics Gym	Aesthetics Gym
		3rd Feb	Gym Fundamentals	Aesthetics Gym	Aesthetics Gym	Aesthetics Gym
10th Feb	Gym Fundamentals	Aesthetics Gym	Aesthetics Gym	Aesthetics Gym		
Feb - Half Term						
6 wks	Spring 2	Dance	Aesthetics Dance	Aesthetics Dance	Aesthetics Dance	
		24th Feb	Dance	Aesthetics Dance	Aesthetics Dance	Aesthetics Dance
		3rd Mar	Dance	Aesthetics Dance	Aesthetics Dance	Aesthetics Dance
		10th Mar	Dance	Aesthetics Dance	Aesthetics Dance	Aesthetics Dance
		17th Mar	Dance	Aesthetics Dance	Aesthetics Dance	Aesthetics Dance
		24th Mar	Dance	Aesthetics Dance	Aesthetics Dance	Aesthetics Dance
31st Mar	Dance	Aesthetics Dance	Aesthetics Dance	Aesthetics Dance		
Easter Holiday						
5 wks	Summer 1	Fundamentals Throw, catch, strike	Striking and Fielding	Striking and Fielding Rounders	Striking and Fielding Rounders	
		21st Apr	Fundamentals Throw, catch, strike	Striking and Fielding	Striking and Fielding Rounders	Striking and Fielding Rounders
		28th Apr	Fundamentals Throw, catch, strike	Striking and Fielding	Striking and Fielding Rounders	Striking and Fielding Rounders
		5th May	Fundamentals Throw, catch, strike	Striking and Fielding	Striking and Fielding Rounders	Striking and Fielding Rounders
		12th May	Fundamentals Throw, catch, strike	Striking and Fielding	Striking and Fielding Rounders	Striking and Fielding Rounders
19th May	Fundamentals Throw, catch, strike	Striking and Fielding	Striking and Fielding Rounders	Striking and Fielding Rounders		
May - Half Term						
5wks + 2	Summer 2	Fundamentals Athletics	Multi Skills Athletics	Swimming Strokes	Athletics	
		2nd Jun	Fundamentals Athletics	Multi Skills Athletics	Swimming Strokes	Athletics
		9th Jun	Fundamentals Athletics	Multi Skills Athletics	Swimming Strokes	Athletics
		16th Jun	Fundamentals Athletics	Multi Skills Athletics	Swimming Strokes	Athletics
		23rd Jun	Fundamentals Athletics	Multi Skills Athletics	Swimming Water safety	Athletics
		30th Jun	Fundamentals Athletics	Multi Skills Athletics	Athletics	Athletics
		7th July	Sports Day	Sports Day	Sports Day	Sports Day
		14th July	Last Week of term Summer fun - activity choice	Last week of term Summer fun - activity choice	Last week of term Summer fun - activity choice	Last week of term Summer fun - activity choice